

Lesson 1 Worksheet: Why Action Planning Matters

Theme Scripture: *"The plans of the diligent lead surely to abundance."* — Proverbs 21:5

Section 1: Intention vs. Execution

- Goal: _____
- Intentions you've had:
 - 1.
 - 2.
 - 3.
- Barrier to execution: _____
- One small step to take today: _____

Section 2: Structure Reduces Overwhelm

- Goal: _____
- Break into 3 smaller steps:
 - 1.
 - 2.
 - 3.
- Timeline: _____
- Reflection: How does structure make this goal achievable?
