

# Values in Action (Biblical Principles)

## 1. Real-Life Scenarios: Alignment vs. Misalignment

### Alignment Example: Integrity

- **Scenario:** A real estate agent refuses to cut corners or mislead a client, even though it costs her a commission.
- **Biblical Anchor:** *"The integrity of the upright guides them"* (Proverbs 11:3).
- **Outcome:** Peace of mind, trust built with clients, and long-term credibility.

### Alignment Example: Compassion

- **Scenario:** A coach notices a client struggling emotionally and takes extra time to listen and pray with them.
- **Biblical Anchor:** *"Be kind and compassionate to one another"* (Ephesians 4:32).
- **Outcome:** The client feels valued, and the coach experiences fulfillment in serving God through empathy.

### Misalignment Example: Stewardship

- **Scenario:** A business owner spends recklessly, ignoring financial accountability, and later struggles to pay employees.
- **Biblical Anchor:** *"It is required of stewards that they be found faithful"* (1 Corinthians 4:2).
- **Outcome:** Stress, broken trust, and frustration from neglecting God's principle of stewardship.

### Misalignment Example: Love

- **Scenario:** A leader prioritizes ambition over relationships, neglecting family and community.
- **Biblical Anchor:** *"The greatest of these is love"* (1 Corinthians 13:13).
- **Outcome:** Loneliness, regret, and a sense of emptiness despite external success.

## 2. Reflection Exercise

Encourage journaling or group discussion with these prompts:

- **Fulfillment Reflection:** *“When have I felt most fulfilled because I lived according to my values and God’s Word?”* Example: “I felt fulfilled when I chose honesty in a difficult situation, even though it cost me financially.”
- **Frustration Reflection:** *“When have I felt most frustrated because I ignored or compromised my values?”* Example: “I felt frustrated when I pursued a goal that conflicted with my value of family time.”
- **Biblical Anchor:** *“Examine yourselves to see whether you are in the faith; test yourselves”* (2 Corinthians 13:5).

## 3. Application

- **Daily Check-In:** Ask, *“Did my actions today reflect my values and God’s principles?”*
- **Prayer Practice:** Invite God to reveal areas of misalignment and strengthen values in action.
- **Monthly Review:** Revisit your top 5–7 values and assess whether your life choices reflect them.

✓ This framework makes values practical by showing how alignment leads to peace and fulfillment, while misalignment causes frustration and disconnection.