

Quiz: Are You Ready to Take Action?

Theme Scripture: *“But be doers of the word, and not hearers only, deceiving yourselves.”* — James 1:22

Questions

1. When you set a goal, how often do you break it into smaller steps?
 - A) Always
 - B) Sometimes
 - C) Rarely
 - D) Never

2. How do you respond when you feel overwhelmed by a big task?
 - A) I create structure and break it down
 - B) I delay until I feel ready
 - C) I avoid it completely
 - D) I wait for someone else to guide me

3. Which Scripture reminds us to plan diligently?
 - A) Proverbs 21:5
 - B) Matthew 6:33
 - C) Galatians 6:9
 - D) Psalm 23:1

4. Do you currently use a daily or weekly planner?
 - A) Yes, consistently
 - B) Occasionally
 - C) Rarely
 - D) Not at all

5. How do you handle setbacks?
 - A) I reframe them as feedback and keep going
 - B) I get discouraged but try again later
 - C) I stop pursuing the goal
 - D) I ignore them and move on without reflection

6. Which principle helps us discern priorities wisely?
- A) Urgent vs. Important Matrix
 - B) Time-blocking
 - C) Habit stacking
 - D) Rewards and tracking
7. How often do you review your progress?
- A) Weekly
 - B) Monthly
 - C) Occasionally
 - D) Never
8. Who holds you accountable for your goals?
- A) A coach or mentor
 - B) A peer or friend
 - C) Myself only
 - D) No one
9. Which Scripture reminds us God gives us courage, not fear?
- A) 2 Timothy 1:7
 - B) James 1:2
 - C) Habakkuk 2:2
 - D) Luke 14:28
10. When you reach a milestone, how do you celebrate?
- A) With a reward and gratitude to God
 - B) With a small acknowledgment
 - C) I move on without celebrating
 - D) I don't track milestones at all

Scoring Guide

- **Mostly A's:** You are ready to take action! You have structure, accountability, and Biblical alignment.
- **Mostly B's:** You're on the path but need more consistency and structure.
- **Mostly C's:** You have intentions but struggle with execution—focus on building habits and accountability.
- **Mostly D's:** You're not yet ready to take action. Start small, apply structure, and lean on God's guidance.